



# DEVELOPMENT OF ANALYTICAL PROCEDURE OF DETERMINATION OF SUM OF FLAVONOIDS IN HAZELNUT (CORYLUS AVELLANA L.) POLLEN

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FOR IMPROVING NUTRITION, HEALTH AND LIFE QUALITY

Nikolaieva Nataliia<sup>1</sup>\*, Nôžková Janka<sup>1</sup>, Hudz Nataliia<sup>2</sup>, Grygorieva Olga<sup>3</sup>, Brindza Jan<sup>1</sup>

<sup>1</sup>Faculty of Agrobiology and Food Resourses, Slovak University of Agriculture in Nitra, Slovak Republic <sup>2</sup>Faculty of Pharmacy, Danylo Halytsky Lviv National Medical University, Lviv, Ukraine <sup>3</sup>M.M. Gryshko National Botanical Garden of Ukraine of National Academy of Sciences, Kyiv, Ukraine

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Pollen contains components necessary for growth and development of a new organism. Polyphenolic compounds are one of them. Pollen phenolic compounds are presented with flavonoids which have different structures and biological functions. Analytical procedure of spectrophotometric method was developed to determine the total flavonoids content in hazelnut (Corylus aveilana L.) pollen and its methanol extracts. 0.9 ml 50% ethanol was added to 0.1ml each extract to form volume of 1.0 ml, and then 1.0 mL of 2% solution of aluminum chloride hexahydrate in 50% ethanol was added. The mixture of extract was left for 70-90 minutes. As blank was a mixture which consisted of the same volumes of an extract and 50% ethanol. 1 ml of 2% solution of aluminum chloride hexahydrate in 50% ethanol was substituted with the same volume of 50% ethanol. The curve of quercetin dihydrate was plotted in the range of its concentrations of 5.9 to 29.5 mg/L. 1 ml of the obtained solutions of guercetin dihydrate was mixed with 1.0 ml of 2% aluminum chloride hexahydrate in 50% ethanol. The amount of 2% aluminum chloride hexahydrate in 50% ethanol was substituted by the same volume of 50% ethanol in the blank for each solution of guercetin dihydrate. The curve of rutin trihydrate was plotted in the range of its concentrations of 20.12 to 100.6 mg/L. 1 ml of the obtained solutions was mixed with 1.0 ml of 2% aluminum chloride hexahydrate in 50% ethanol. The amount of 2% aluminum chloride hexahydrate in 50% ethanol was substituted by the same volume of 50% ethanol in the blank for each solution of rutin trihydrate. The absorbance of tested extracts and solutions of rutin was determined at 410 nm, solutions of quercetin was determines at 425 nm. The total flavonoid content in the tested pollen extracts was determined in the range of 133.41 to 274.23 mg of flavonoids in 1 L of an extract in reference to quercetin and 418.75 to 839.32 mg of flavonoids in 1 L of an extract in reference to rutin which means 3.34–6.86 mg and 10.47–20.98 mg per 1 g pollen in reference to guercetin and rutin, respectively.

**Keywords:** hazelnut; pollen; phenolic compounds; flavonoids; rutin; quercetin

### Introduction

The chemical composition of pollen has gained worldwide research interest in the field of plant physiology and biochemistry, development of herbal food and pharmaceutical products, products on the base of beekeeper products, including dietary supplements, etc. (Leja et al., 2007; Schulte et al., 2008; Brindza and Brovarskyi, 2013; Nikolaieva et al., 2014). Pollen is rich in chemical composition because it contains components necessary for the growth and development of a new

\*Corresponding author: Nataliia Nikolaieva, Faculty of Agrobiology and Food Resourses, Slovak University of Agriculture in Nitra, Slovak Republic, 🖂 n.nikolaeva703@gmail.com

organism: proteins, lipids, carbohydrates, nucleic acids, vitamins, minerals, hormones, carotenoids, phenolic substances, etc. (Shahidi et al., 2007; Schulte et al., 2008; Aličić et al., 2014; Fatrcová-Šramková et al., 2016).

Polyphenolic compounds (mainly phenolic acids and flavonoids) are known to be present in a variety of plant tissues, including pollen. Phenolic acids and flavonoids possess antioxidant features, neutralize active oxygen species and scavenge free radicals due to their specific chemical structure and are associated with a reduced risk of various chronic diseases related with oxidation stress. Among such diseases are cardiovascular diseases, atherosclerosis, cancer, diabetes, cataracts, cognitive dysfunction and age-related function of decline, etc. (Troszynska et al., 2007; Leja et al., 2007; Han et al., 2012; Fatrcová-Šramková et al., 2016). A lot of researchers indicate that antioxidant ability of pollen seems to be due to phenolic compounds. The polyphenolic content of pollen can include derivatives of phenolic acids and flavonoids that are species specific (2–5% w/w) (Campos et al., 2008). In floral pollen phenolic compounds are mostly presented with flavonoids, their glycosides and derivatives of cinnamic acid (Leja et al., 2007). The main constituents of flavonoids are kaempferol, guercetin, luteolin and their derivatives. Specific flavonoids were identified in pollen. Among them is aglycon triacin in the Myrtaceae family (Leja et al., 2007; Negri et al., 2011). Flavonoids are pigments responsible for the flowers coloration and each type of pollen has its own specific system of flavonoids (Aličić et al., 2014). Flavonoids have different structural features and show several biological activities, in particular, they take part in light harvesting, photo protection and antioxidation of plants. Flavonoids and carotenoids are also considered as exogenous natural antioxidants for animals and people through consumption of grains, vegetables, fruits and other plants parts (Šarić et al., 2009; Han et al., 2012; Aličić et al., 2014; Fatrcová-Šramková et al., 2016).

HazeInut (Corylus avellana L.) is considered as source for obtaining food, cosmetics and pharmaceutical products (Yurttas et al., 2000; Masullo et al., 2016; Blyznyuk et al., 2016). Hazelnut is a good source of tocopherols and nontocopherol phenolics. Among polyphenols in hazelnut were identified gallic acid, p-hydroxybenzoic acid, epicatechin and/or caffeic acid, sinapic acid, and guercetin (Yurttas et al., 2000). Five phenolic acids (p-coumaric acid, caffeic acid, gallic acid, ferulic acid, and sinapic acid) were tentatively identified and quantified by Alasalvar et al. (2006) in hazelnut kernel and hazelnut green leafy cover water extracts with content of ethanol 80% (v/v) and acetone 80%. Ghirardello et al. (2010) identified eight phenolic acids in hazelnut kernels: derivatives of benzoic acid (gallic, protocatechuic, 4-hydroxybenzoic, vanillic and syringic acids) and derivatives of cinnamic acid (p-coumaric, o-coumaric and sinapic acids). Hazelnut kernels contain unsaturated acids. Among non-consumed parts of this plant are leaves, bark, flowers, pollen, hard shell, green leafy cover. 12 compounds were identified in male flowers of hazel. Among them were quercetin 3-O-β-D-galactopyranosyl- $(1\rightarrow 2)$ -b-D-glucopyranoside, kaempferol 3-O- $\beta$ -D-glucopyranosyl- $(1\rightarrow 2)$ - $\beta$ -D-glucopyranoside, quercetin 3-O-β-D-lucopyranoside, quercetin 3-O-α-L-rhamnopyranoside, giffonin I, kaempferol 3-O-α-L-rhamnopyranoside, kaempferol 3-O-(4<sup>--</sup>cis-p-coumaroyl)-a-L-rhamnopyranoside, alnusone, and diarylheptanoids (giffonin Q, giffonin R, giffonin S) (Alasalvar et al., 2006; Masullo et al., 2016).

The main objective of this research was to develop the approach for determination of sum of flavonoids in *Corylus avellana* pollen collected from trees growing in different places of the Slovak Republic.

## **Materials and methodology**

Samples of branches of *Corylus avellana* were collected in January-February 2017. Samples were prepared from different areas in Slovakia: botanical garden in Nitra (Nitra-01, Nitra-02, Nitra-03, Nitra-04), village Banka (Banka-01, Banka-02, Banka-03) and village Zemianske Podhradie. They stayed at the room temperature being sunk on 5 cm in bottles with potable water. In 24 hours flowering began. Abundant flowering was observed in 48 hours. Pollen was collected by shaking branches. After shaking pollen was sieved and placed in aseptic tubes, which are stored in the fridge.

Pollen were put in containers, methanol was added in necessary volume and extraction was carried out at 15–25 °C with constant shaking for 24 hours at a ratio of raw material-solvent: 1:25 (maceration). In 24 hour extracts were filtered through filter paper.

Analytical procedure of spectrophotometric method was developed to determine the total flavonoids content of hazelnut pollen in its methanol extracts (Hudz et al., 2017). 0.9 ml 50% ethanol was added to 0.1ml each extract to form volume of 1.0 ml, and then 1.0 mL of 2% solution of aluminum chloride hexahydrate in 50% ethanol was added. The mixture of extract was left for 70–90 minutes. As blank was mixture which consisted of the same volumes of an extract and 50% ethanol. 1 ml of 2% solution of Aluminum chloride hexahydrate in 50% ethanol was substituted with the same volume of 50% ethanol. The absorbance was determined at 410 nm.

The curve of quercetin dihydrate was plotted in the range of its concentrations of 5.9 to 29.5 mg/L. 1 ml of the obtained solutions of quercetin dihydrate was mixed with 1.0 ml of 2% aluminum chloride hexahydrate in 50% ethanol. The amount of 2% aluminum chloride hexahydrate in 50% ethanol was substituted by the same volume of 50% ethanol in the blank for each solution of quercetin dihydrate.

The curve of rutin trihydrate was plotted in the range of its concentrations of 20.12 to 100.6 mg/L. 1 ml of the obtained solutions was mixed with 1.0 ml of 2% aluminum chloride hexahydrate in 50% ethanol. The amount of 2% aluminum chloride hexahydrate in 50% ethanol was substituted by the same volume of 50% ethanol in the blank for each solution of rutin trihydrate.

## **Results and discussion**

Alcohol extracts of plant material are rich in flavonoids, what is more extent of extraction depends on concentration of alcohol in solvent (Шостак та ін., 2014). The absorbance of solutions with different content of quercetin dihydrate at 425 nm and rutin trihydrate at 410 nm was determined for constructing the calibration curves. Appropriate equations for calculation of sum of flavonoids in tested extracts of hazel pollen were  $y_1 = 0.0276 \cdot X + 0.0009$  for quercetin dihydrate ( $R^2 = 1.0$ ), and  $y_2 =$  $0.0095 \cdot X - 0.0199$  ( $R^2 = 0.9952$ ) for rutin trihydrate, where X was measured in mg/l.

The results of our research with the tested extracts are presented in Table 1 and Figure 1, 2.

The total flavonoid content in the tested extracts was determined in the range of 133.41 to 274.23 mg in 1 L of an extract in reference to quercetin and 418.65 to 839.32 mg in 1 L of an extract in reference to rutin that means 3.34–6.86 mg and 10.47–20.98 mg per 1 g pollen in reference to quercetin and rutin, respectively.

Sample origin	Sum of flavonoids in mg/L with reference to	
	quercetin	rutin
Nitra-01	242.4	743.6
Nitra-02	225.2	692.4
Nitra-03	274.4	839.2
Nitra-04	201.6	622.8
Banka-01	248.4	762.0
Banka-02	146.8	458.4
Banka-03	133.6	418.8
Zemianske Podhradie-04	238.8	732.8

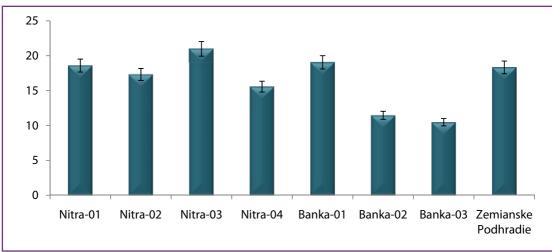


Figure 1 Sum of flavonoids in mg with reference to quercetin in 1 g of *Corylus avellana* L. pollen

The principle of aluminum chloride colorimetric method is that aluminum chloride forms complexes with flavons and flavonols wherein it reacts with the C-4 keto group and either the C-3 hydroxyl group of the ring C, and/or C-5, C-7 hydroxyl group of the ring A and the C-3' or C-4' of the ring B hydroxyl groups (Chang et al., 2002). According to Chang et al. (2002), such flavonols as galangin, morin, kaemferol, rutin, quercetin, quercitrin and myrecetin have absorption maximum at 415–440 nm (ethanol in concentration of 36.5% was as medium). Our studies confirmed that absorption maximum of ethanolic solutions of quercetin was at  $425 \pm 2$  nm and ethanolic solutions of rutin was at 410 nm.

The results of our study demonstrated that four samples from Nitra were homogenous, average sum of flavonoids and standard deviation were (5.90  $\pm$ 0.77) mg in 1 g of pollen. Samples from Banka-01 and Zemianske Podhradie were in this range. The other two samples from Banka had significantly lower content of flavonoids. The highest and lowest levels of flavonoids were found in pollen of samples of Nitra-3 and Banka-3, respectively. In general, content of flavonoids in pollen of the tested trees of hazel was in the range of 0.334–0.686% and 1.05–2.10% 1 g pollen in reference to quercetin

and rutin, respectively. These data are consistent with the data of Campos at al. (2008) about content derivatives of phenolic acids and flavonoids in pollen in the range of 2–5% (w/w).

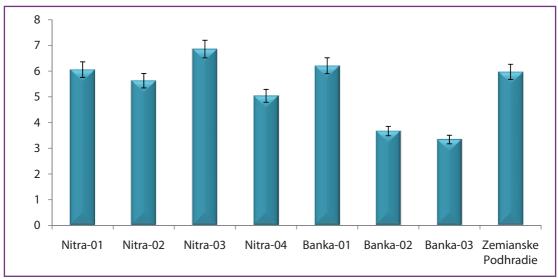


Figure 2 Sum of flavonoids in mg with reference to rutin in 1 g of Corylus avellana L. pollen

## Conclusions

Procedure of the determination of flavonoids in *Corylus avellana* pollen were developed. It is necessary to use chromatographic studies with the purpose of confirming the correctness of the choice of analytical markers for calculation of sum of flavonoids.

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